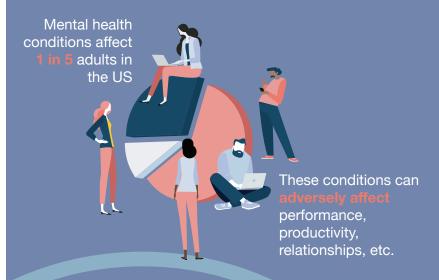


ON-SITE MENTAL HEALTH CARE MODEL

MENTAL HEALTH AND THE BUSINESS WORLD





Depression alone costs the US economy \$210 billion annually

THE ON-SITE MENTAL HEALTH CARE MODEL



Quality mental health care can be difficult

to access



Although mental health treatments have been shown to be effective, 1/2 of those with depression remain

Many people would like to seek help for mental health symptoms but do not pursue treatment for multiple reasons:

- Shortage of mental health providers in the community or long wait lists
- Not knowing where to turn or what kind of treatment may help
- Lack of time or difficulty taking time off work to attend treatment
- Difficultly finding a provider that accepts their insurance
- Lack of support for mental health wellness at work & in the community

The On-Site model facilitates people accessing treatment



An office Care Coordinator can help a person pick a therapist that is available, check insurance benefits, facilitate billing, etc.

The therapist is available on-site & tracks patient results with research instruments in order to make sure treatment is effective & on track to help with the patient's issues.



BENEFITS OF ON-SITE MENTAL HEALTH CARE

Provide access to mental health care in a timely, effective, less costly & less stigmatizing manner





Engage patients in the treatment to help in recovery

Effective therapy has been scientifically validated to help reduce negative mental health symptoms



WHAT CAN EMPLOYERS DO TO SUPPORT EMPLOYEES & ACCESS TO CARE?

Find out more about our On-Site Mental Health program and offerings at **startmywellness.com**.

